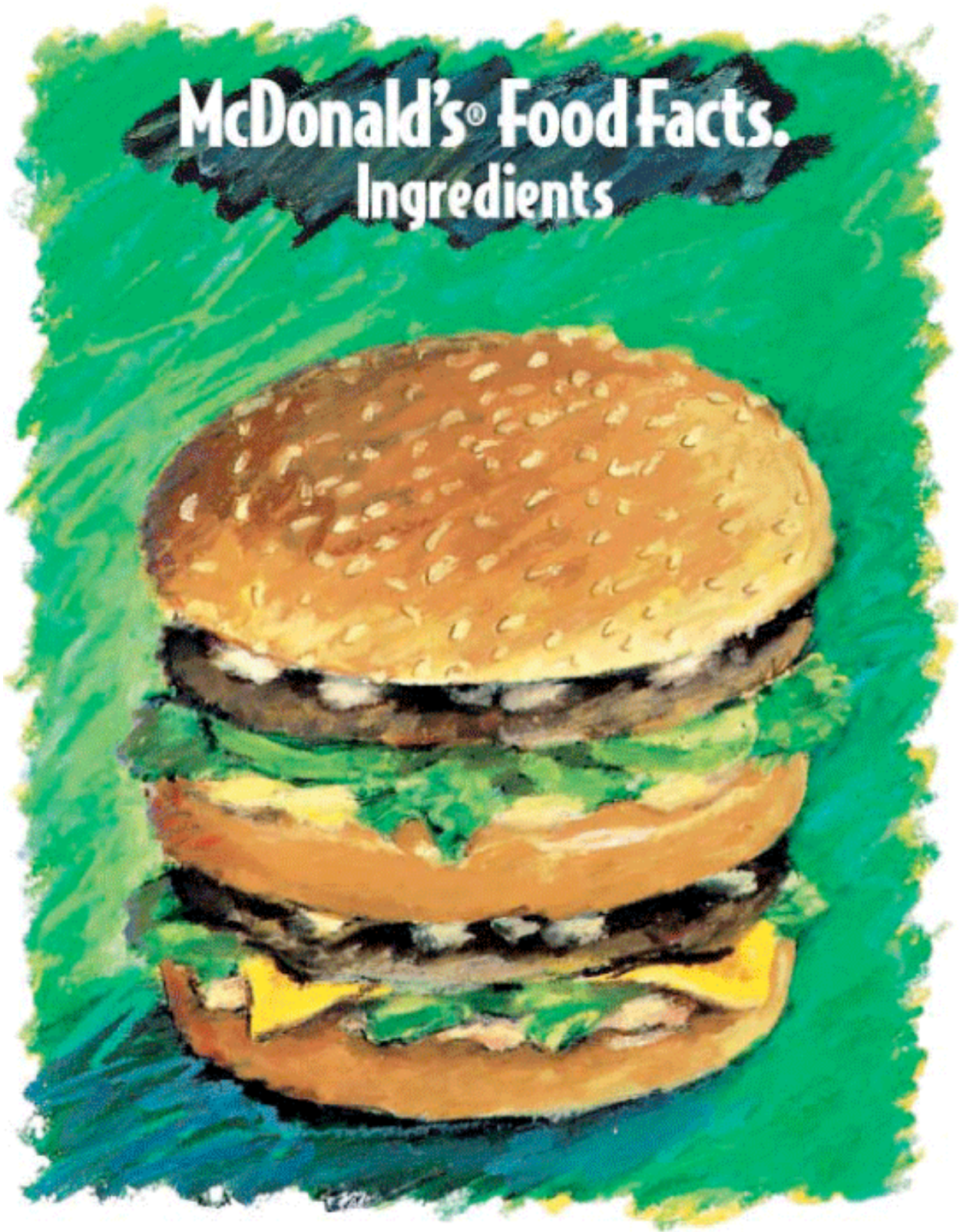


McDonald's® Food Facts. Ingredients



As of January 12, 2009

We get questions every day about our food. So, we are pleased to provide our customers with McDonald's Food Facts – a complete ingredient list and nutritional analysis of many of our menu items. We hope that the information contained in this guide will answer any questions you may have.

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

McDonald's attempts to provide nutrition and ingredient information regarding its products that is as complete as possible. Some menu items may not be available at all restaurants; test products, test formulations, regional products and/or limited time promotional products have not been included. The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations change periodically. Serving sizes may vary from quantity upon which the analysis was conducted. Serving size designation for beverages refers to total cup volume; the actual amounts of beverage (and ice) may vary. Nutrient results for menu items are rounded according to federal rounding regulations. No products are certified as vegetarian; all products may contain trace amounts of ingredients derived from animals.

McDonald's publishes updated versions of the "Food Facts" guide periodically. This guide reflects the ingredient and nutritional information for the products presented and available in Canada on the date as listed in the top left corner of this page. The information for our products is updated most frequently on our website at www.mcdonalds.ca.

If you wish further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at:

McDonald's Food Information
c/o Customer Relations Department
McDonald's Restaurants of Canada Limited
McDonald's Place
Toronto, Ontario
M3C 3L4



INGREDIENTS

Breakfast

Bacon & Egg Bagel

Bacon Strips
Bagel
Breakfast Sauce
Folded Eggs
Processed Cheese Slice
Trans Fat Free Liquid
Margarine

Bacon 'n Egg McMuffin® sandwich

Bacon Strips
Egg
English Muffin
Processed Cheese Slice
Trans Fat Free Liquid
Margarine

Bacon, Egg & Cheese McGriddles® sandwich

Bacon Strips
Folded Eggs
McGriddles® Cakes
Processed Cheese Slice

Big Breakfast®

English Muffin
Folded Eggs
Hashbrowns
Sausage Patty
Trans Fat Free Liquid
Margarine

Breakfast BLT Bagel

Bacon Strips
Bagel
Lettuce
Mayonnaise-Style Sauce
Tomato Slice
Trans Fat Free Liquid
Margarine

Breakfast Burrito

Egg Mixture
Processed Cheese Slice
Tortilla

Egg McMuffin® sandwich

Canadian Bacon
Egg
English Muffin
Processed Cheese Slice
Trans Fat Free Liquid
Margarine

Hotcakes with Syrup and Becel® Margarine

Becel® Margarine Portion
Hotcake Syrup
Hotcakes

Sausage McGriddles® sandwich

McGriddles® Cakes
Sausage Patty

Sausage McMuffin®

English Muffin
Processed Cheese Slice
Sausage Patty
Trans Fat Free Liquid
Margarine

Sausage McMuffin® with Egg sandwich

Egg
English Muffin
Processed Cheese Slice
Sausage Patty
Trans Fat Free Liquid
Margarine

Sausage, Egg & Cheese McGriddles® sandwich

Folded Eggs
McGriddles® Cakes
Processed Cheese Slice
Sausage Patty

Bacon Strips: Pork, water, salt, sugar, natural hickory smoke flavouring, sodium phosphate, sodium erythorbate, sodium nitrite, smoke.

Bagel: Enriched spring wheat flour (azodicarbonamide, niacin, reduced iron, thiamine, riboflavin, enzymes, folic acid), water, liquid invert sugar, yeast, salt, oat fiber AND MAY CONTAIN ANY OR ALL OF THE FOLLOWING IN VARYING PROPORTIONS: wheat gluten, propylene glycol, calcium propionate, wheat starch, ascorbic acid, enzymes, calcium stearate, silicon dioxide, corn starch, dicalcium phosphate, sodium bicarbonate, sodium acid pyrophosphate, monocalcium phosphate, modified corn starch, modified tapioca starch, sodium alginate monodiglycerides, soy lecithin, polysorbate 60, sesame seeds.

Becel® Margarine Portion: Canola oil, sunflower oil, water, modified palm and palm kernel oils, salt, whey powder, soy lecithin, potassium sorbate, monoglycerides, artificial flavour, vitamin A palmitate, colour, citric acid, vitamin D3.

Breakfast Sauce: Vegetable oil (soybean and/or canola), water, frozen egg yolk, seasoning blend [glucose solids, salt, sugar, spice, dehydrated cheese (skim milk, salt, enzymes), sodium benzoate, potassium sorbate, buttermilk powder, natural (dairy source) and artificial flavour, disodium inosinate, disodium guanylate, calcium disodium EDTA], frozen egg white, vinegar, salt, concentrated lemon juice, modified corn starch, propylene glycol alginate, natural (dairy and vegetable sources) and artificial flavour, xanthan gum, colour (turmeric).

Canadian Bacon: Pork, water, salt, sugar, sodium phosphate, dextrose, carrageenan, sodium erythorbate, sodium nitrite, smoke.

Egg: Canada Grade A Large. Cooked on a grill lightly seasoned with trans fat free cooking spray (Canola oil, water, salt, hydrogenated cottonseed oil, soy lecithin, monoglycerides, potassium sorbate, artificial flavour and colour (annatto, turmeric), citric acid, vitamin A, vitamin D3).

Egg Mixture: Pre-cooked eggs (whole eggs, skim milk, soybean oil, modified corn starch, salt, black pepper flavour (corn starch, spices, mixed triglycerides, flavouring, silicon dioxide, gelatin(pork), carboxymethyl cellulose, sodium benzoate, citric acid, gum acacia), black pepper extract, xanthan gum, citric acid, artificial butter flavour (butter (cream), lipolyzed butter oil, triglycerides, artificial butter flavours, soybean oil, natural flavour (dairy source), annatto extract)), pre-cooked sausage (pork, water, salt, dextrose, spices, corn syrup solids, sugar), vegetables (tomatoes, green chilies, onions, calcium chloride, citric acid).

English Muffin: Enriched wheat flour, water, yeast, glucose-fructose, corn flour, salt, vegetable oil (canola and/or soybean), cornmeal, calcium sulfate, soy flour, monocalcium phosphate, calcium propionate, artificial flavour, diacetyl tartaric acid esters of mono and diglycerides, soy lecithin, citric acid, enzymes AND MAY CONTAIN ANY OR ALL OF THE FOLLOWING IN VARYING PROPORTIONS: calcium carbonate, ammonium sulphate, potassium sorbate, wheat gluten, calcium silicate, malted barley flour, calcium citrate.

Folded Eggs: Whole eggs, modified corn starch, soybean oil, egg flavour, sodium phosphate, carrageenan gum, flavour enhancer (salt, maltodextrin, natural flavour), spices, turmeric (added for colour), citric acid. Cooked on a grill lightly seasoned with trans fat free cooking spray (Canola oil, water, salt, hydrogenated cottonseed oil, soy lecithin, monoglycerides, potassium sorbate, artificial flavour and colour (annatto, turmeric), citric acid, vitamin A, vitamin D3).

Hashbrowns: Potatoes, canola oil, hydrogenated soybean oil, safflower oil, natural flavour (vegetable source), salt, dehydrated potato, vegetable monoglycerides, corn flour, dextrose, sodium acid pyrophosphate (maintain colour), extractives of black pepper, citric acid (preservative), dimethylpolysiloxane (antifoaming agent) and cooked in vegetable oil (Canola oil, corn oil, soybean oil, hydrogenated soybean oil with THBQ, citric acid and dimethylpolysiloxane).

Hotcake Syrup: Glucose-fructose, sugar, water, natural (vegetable source) and artificial maple flavour, potassium sorbate, caramel colour.

Hotcakes: Water, enriched wheat flour, whey, corn flour, soybean oil, whole egg, sugar, (glucose-fructose or high fructose corn syrup) leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate), dextrose, emulsifier (propylene glycol monostearate, soy monoglycerides, sodium stearoyl lactylate), soy lecithin, salt, artificial flavour, xanthan gum, colour (carrot extract).

Lettuce: Shredded Iceberg lettuce.

Mayonnaise-Style Sauce: Vegetable oil (soybean and/or canola), water, frozen yolk, vinegar, sugar, salt, spices, xanthan gum, potassium sorbate, calcium disodium EDTA.

McGriddles® Cakes: Water, enriched bleached wheat flour (bleached flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, dextrose, palm oil, soybean oil, brown sugar, leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), natural and artificial flavours (contain milk, soy), rice flour, whey powder, salt, modified tapioca starch, buttermilk powder, colour (caramel), soybean lecithin, carnauba wax, preservatives (TBHQ, citric acid).

Processed Cheese Slice: Cheese (milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, lipase), modified milk ingredients, water, sodium citrate and/or sodium phosphate, salt, potassium sorbate, citric acid, colour, soy lecithin.

Sausage Patty: Pork, water, salt, dextrose, sugar, glucose solids, spices.

Tomato Slice: Sliced tomato.

Tortilla: Enriched bleached wheat flour (flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, vegetable shortening (interesterified soybean oil, fully hydrogenated soybean oil). Contains 2% or less of the following: sugar, salt, baking powder (sodium bicarbonate, corn starch, sodium aluminum sulfate, calcium sulfate, monocalcium phosphate), vital wheat gluten, monoglycerides, dough conditioner (sodium metabisulfite (less than 10 ppm), corn starch, microcrystalline cellulose, dicalcium phosphate).

Trans Fat Free Liquid Margarine: Canola oil, water, salt, hydrogenated cottonseed oil, soy lecithin, soy mono and diglycerides, potassium sorbate, artificial flavour, citric acid, vitamin A palmitate, vitamin D3 and may contain colour.

Lunch/Dinner - Sandwiches

Angus Burger

Angus Burger Seasoning
Angus Patty
Ciabatta Bun
Grill Seasoning
Leaf Lettuce
Mustard
Pickle Slices
Red Onion rings
Roasted Garlic Sauce
Tomato Slice

Angus Burger with Bacon and Cheddar

Angus Burger Seasoning
Angus Patty
Bacon Strips
Ciabatta Bun
Grill Seasoning
Leaf Lettuce
Mustard
Natural Medium Cheddar Cheese Slice
Pickle Slices
Red Onion rings
Roasted Garlic Sauce
Tomato Slice

Bacon Cheeseburger

Bacon Strips
Beef Patty
Grill Seasoning
Ketchup
Mustard
Onions (dehydrated)
Pickle Slices
Processed Cheese Slice
Regular Bun

Big Mac® sandwich

Beef Patty
Big Mac® Bun
Big Mac® Sauce
Grill Seasoning
Lettuce
Onions (dehydrated)
Pickle Slices
Processed Cheese Slice

Big Xtra® sandwich

Grill Seasoning
Ketchup
Lettuce
Mayonnaise-Style Sauce
Pickle Slices
Quarter Pounder® Beef Patty
Sesame Seed Bun
Slivered Onions
Tomato Slice

BLT sandwich

Bacon Strips
Ciabatta Bun
Leaf Lettuce
Mayonnaise-Style Sauce
Tomato Slice

Caesar Chicken *Snack Wrap*®

Grilled Chicken Portion
Lettuce
Shredded Cheese Blend
Three Cheese Caesar Sauce
Tortilla

Cheeseburger

Beef Patty
Grill Seasoning
Ketchup
Mustard
Onions (dehydrated)
Pickle Slices
Processed Cheese Slice
Regular Bun

Chicken *Snack Wrap*®

Crispy Chicken Strips
Lettuce
Premium Ranch Dressing
Shredded Cheese Blend
Tortilla

Crispy Chicken Classic Sandwich

Ciabatta Bun
Crispy Chicken Portion
Leaf Lettuce
Roasted Garlic Sauce
Tomato Slice

Double *Big Mac*® sandwich

Beef Patty
Big Mac® Bun
Big Mac® Sauce
Grill Seasoning
Lettuce
Onions (dehydrated)
Pickle Slices
Processed Cheese Slice

Double *Quarter Pounder with Cheese*® sandwich

Grill Seasoning
Ketchup
Mustard
Pickle Slices
Processed Cheese Slice
Quarter Pounder® Beef Patty
Sesame Seed Bun
Slivered Onions

Double Cheeseburger

Beef Patty
Grill Seasoning
Ketchup
Mustard
Onions (dehydrated)
Pickle Slices
Processed Cheese Slice
Regular Bun

Filet-O-Fish® sandwich

Filet-O-Fish® Portion
Processed Cheese Slice
Regular Bun
Salt
Tartar Sauce

Grilled Caesar Chicken *Snack Wrap*®

Crispy Chicken Strips
Lettuce
Shredded Cheese Blend
Three Cheese Caesar Sauce
Tortilla

Grilled Cheese sandwich

Mac Club
Processed Cheese Slice

Grilled Chicken *Snack Wrap*®

Grilled Chicken Portion
Lettuce
Premium Ranch Dressing
Shredded Cheese Blend
Tortilla

Grilled Chicken Classic Sandwich

Ciabatta Bun
Grilled Chicken Portion
Leaf Lettuce
Roasted Garlic Sauce
Tomato Slice

Hamburger

Beef Patty
Grill Seasoning
Ketchup
Mustard
Onions (dehydrated)
Pickle Slices
Regular Bun

Junior Chicken sandwich

Junior Chicken Patty
Lettuce
Mayonnaise-Style Sauce
Regular Bun

McChicken® sandwich

Lettuce
McChicken® Portion
McChicken® Sauce
Sesame Seed Bun

Monterey Jack Cheese and Tomato sandwich

Ciabatta Bun
Jalapeno Monterey Jack
Leaf Lettuce
Mayonnaise-Style Sauce
Tomato Slice

Quarter Pounder with Cheese® sandwich

Grill Seasoning
Ketchup
Mustard
Pickle Slices
Processed Cheese Slice
Quarter Pounder® Beef
Patty
Sesame Seed Bun
Slivered Onions

Southwest Crispy Chicken sandwich

Ancho Chili Dressing
Ciabatta Bun
Crispy Chicken Portion
Jalapeno Monterey Jack
Leaf Lettuce
Tomato Slice

Southwest Grilled Chicken sandwich

Ancho Chili Dressing
Ciabatta Bun
Grilled Chicken Portion
Jalapeno Monterey Jack
Leaf Lettuce
Tomato Slice

Spicy Buffalo Chicken *Snack Wrap*®

Buffalo Hot Sauce
Crispy Chicken Strips
Lettuce
Shredded Cheese Blend
Tortilla

Spicy Buffalo Chicken *Snack Wrap*® with Grilled Chicken

Buffalo Hot Sauce
Grilled Chicken Portion
Lettuce
Shredded Cheese Blend
Tortilla

Ancho Chili Dressing: Vegetable oil (soybean and/or canola), water, vinegar, glucose-fructose, seasoning blend [salt, maltodextrin, spices, brown sugar, garlic powder, lime juice powder, sugar, cultured whey (milk) powder, onion powder, flavour (dairy source), dehydrated parsley, jalapeno pepper powder, citric acid, silicon dioxide], frozen yolk, spices and seasonings, modified corn starch, salt, xanthan gum, potassium sorbate, sodium benzoate, calcium disodium EDTA.

Angus Burger Seasoning: Dextrose, salt, onion powder, maltodextrin, yeast extract, spice, natural and artificial flavor, beef broth, vegetable shortening (sunflower oil), partially hydrogenated cottonseed and soybean oil, garlic powder, caramel color, worcestershire sauce (vinegar, molasses, corn syrup, salt, caramel color, garlic powder, sugar, spices, tamarind, natural flavor), beef fat, annatto, turmeric, not more than 2% calcium silicate added to prevent caking.

Angus Patty: 100% pure Angus Beef.

Bacon Strips: Pork, water, salt, sugar, natural hickory smoke flavouring, sodium phosphate, sodium erythorbate, sodium nitrite, smoke.

Beef Patty: 100% pure beef.

Big Mac® Bun: Enriched wheat flour, water, sugar and/or glucose-fructose, yeast, vegetable oil (soybean and/or canola), salt, calcium sulphate, AND MAY CONTAIN ANY OR ALL OF THE FOLLOWING IN VARYING PROPORTIONS: diacetyl tartaric acid esters of mono and diglycerides, vegetable mono and diglycerides, calcium propionate, sodium stearoyl-2-lactylate, corn flour, calcium phosphate, soy flour, sunflower oil, wheat starch, ammonium phosphate, calcium peroxide, wheat gluten, ethanol, sorbitol, polysorbate 20, sodium propionate, enzymes, dextrin, corn starch, cellulose gum, ammonium sulfate, malt, calcium carbonate, sesame seeds

Big Mac® Sauce: Vegetable oil (soybean and/or canola), relish (diced pickles, glucose-fructose, vinegar, potassium sorbate, xanthan gum, natural flavour (vegetable source)), mustard (water, vinegar, mustard seed, salt, sugar, colour (caramel), spices), water, frozen yolk, vinegar, onion powder, salt, spices, xanthan gum, potassium sorbate, garlic powder, hydrolyzed plant protein (corn, soy, wheat gluten), colour (paprika), calcium disodium EDTA.

Buffalo Hot Sauce: Cayenne pepper sauce (red cayenne pepper, vinegar, salt, guar gum, xanthan gum, ascorbic acid), vegetable oil (soybean and/or canola), modified corn starch, water, colour (caramel, Red #40), xanthan gum, propylene glycol alginate, natural and artificial flavour (vegetable, dairy), sodium benzoate, dehydrated garlic, calcium disodium EDTA

Ciabatta Bun: Unbleached or bleached enriched white flour, water, semolina, vegetable oil (sunflower oil or canola and/or soybean oil), rice flour, eggs, sugar or fructose, salt, yeast, malted barley flour, malted barley extract, corn flour, corn grits, dextrose, soy lecithin, colour (beta carotene). MAY CONTAIN TREE NUTS, SESAME SEEDS.

Crispy Chicken Portion: Skinless chicken breast, water, spices (salt, modified rice starch, spice, carrageenan, silicon dioxide), sodium phosphates. Coated with: wheat flour, water, wheat crumbs (contains soybean oil), modified corn starch, salt, spice, wheat gluten, soybean oil, baking powder. Cooked in 100% vegetable oil (Canola oil, corn oil, soybean oil, hydrogenated soybean oil with THBQ, citric acid and dimethylpolysiloxane).

Crispy Chicken Strips: Chicken meat, water, sodium phosphates with flavour (rosemary extract (contains corn maltodextrin)), salt, toasted wheat crumbs, seasoning (salt, sugar, spice, yeast extract, onion powder, disodium inosinate & disodium guanylate, flavour (rosemary extract, corn maltodextrin, modified corn starch), polysorbate 80, chicken fat (contains refined soybean oil), silicon dioxide (MFG, AID)). Breaded with: wheat flour, toasted wheat crumbs, water, corn starch, salt, wheat starch, onion powder, garlic powder, spices, baking powder, dehydrated parsley, sodium aluminum phosphate. Cooked in 100% vegetable oil (Canola oil, corn oil, soybean oil, hydrogenated soybean oil with THBQ, citric acid and dimethylpolysiloxane).

Filet-O-Fish® Portion: Cod or Alaskan Pollock or Hoki, enriched bleached wheat flour, water, modified corn starch, yellow corn flour, salt, dextrose, sugar, dried yeast, cellulose gum, coloured with paprika and turmeric extracts, natural flavour (vegetable source). Cooked in 100% vegetable oil (Canola oil, corn oil, soybean oil, hydrogenated soybean oil with THBQ, citric acid and dimethylpolysiloxane).

Grill Seasoning: Salt, spice, sunflower oil.

Grilled Chicken Portion: Chicken meat, water, seasoning (salt, sugar, rice starch, hydrolyzed corn protein, spices, flavour {autolyzed yeast extract, salt, disodium inosinate and disodium guanylate}, dextrose, garlic powder, carrageenan, autolyzed yeast extract, chicken fat, dehydrated cooked chicken powder, silicon dioxide, caramel, onion powder, corn maltodextrin), modified rice starch, sodium phosphates. Cooked on a grill lightly seasoned with trans fat free cooking spray (Canola oil, water, salt, hydrogenated cottonseed oil, soy lecithin, monoglycerides, potassium sorbate, artificial flavour and colour (annatto, turmeric), citric acid, vitamin A, vitamin D3)

Jalapeno Monterey Jack: Pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, jalapeno pepper.

Junior Chicken Patty: Chicken meat, water, chicken skin, salt, and sodium phosphates. Breaded with: wheat flour, water, toasted wheat crumbs, modified corn starch, salt, spice, wheat gluten, garlic powder, baking powder, flavour (contains soy lecithin), silicon dioxide and vegetable oil. Cooked in 100% vegetable oil (Canola oil, corn oil, soybean oil, hydrogenated soybean oil with THBQ, citric acid and dimethylpolysiloxane).

Ketchup: Tomato paste (made from fresh ripe tomatoes), liquid sugar, white vinegar, salt, onion powder, spices.

Leaf Lettuce: Leaf lettuce.

Lettuce: Shredded Iceberg lettuce.

Mac Club: Enriched wheat flour, water, sugar and/or glucose-fructose, yeast, vegetable oil (soybean and/or canola), salt, calcium sulphate, and may contain any or all of the following in varying proportions: diacetyl tartaric acid esters of mono and diglycerides, vegetable mono and diglycerides, calcium propionate, sodium stearoyl-2-lactylate, corn flour, calcium phosphate, soy flour, sunflower oil, wheat starch, sorbic acid, calcium dioxide, ammonium phosphate, calcium peroxide, wheat gluten, ethanol, sorbitol, polysorbate 20, sodium propionate, enzymes, dextrin, sesame seeds.

Mayonnaise-Style Sauce: Vegetable oil (soybean and/or canola), water, frozen yolk, vinegar, sugar, salt, spices, xanthan gum, potassium sorbate, calcium disodium EDTA.

McChicken® Portion: Chicken meat, chicken skin, salt, flavour [hydrolyzed plant protein (corn, soy, wheat gluten), disodium inosinate, disodium guanylate]. Coated with: wheat flour, water, toasted wheat crumbs, modified corn starch, corn starch, yellow corn flour, salt, vegetable oil shortening (soybean), sodium bicarbonate, sodium aluminum phosphate, spices, sodium aluminum silicate (manufacturing aid), wheat starch. Cooked in 100% vegetable oil (Canola oil, corn oil, soybean oil, hydrogenated soybean oil with THBQ, citric acid and dimethylpolysiloxane).

McChicken® Sauce: Vegetable oil (soybean and/or canola), water, frozen yolk, vinegar, sugar, salt, spices, xanthan gum, potassium sorbate, calcium disodium EDTA.

Mustard: Water, white vinegar, mustard seed, salt, turmeric, mustard bran, spices (paprika, clove).

Natural Medium Cheddar Cheese Slice: Milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, colour.

Onions (dehydrated): 100% onions.

Pickle Slices: Cucumbers, water, white vinegar, salt, calcium chloride, aluminum sulfate, spices, polysorbate 80, turmeric and sodium benzoate. May contain potassium sorbate.

Premium Ranch Dressing: Water, soybean oil, corn syrup solids, dehydrated buttermilk, distilled vinegar, egg yolks, salt, sugar, modified corn starch, dehydrated garlic, dehydrated onion, chives, modified tapioca starch, natural flavors (dairy source), lactic acid, parsley, xanthan gum, lemon juice concentrate, sodium benzoate, propylene glycol alginate.

Processed Cheese Slice: Cheese (milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, lipase), modified milk ingredients, water, sodium citrate and/or sodium phosphate, salt, potassium sorbate, citric acid, colour, soy lecithin.

Quarter Pounder® Beef Patty: 100% pure beef.

Red Onion rings: Red onion

Regular Bun: Enriched wheat flour, water, sugar and/or glucose-fructose, yeast, vegetable oil (soybean and/or canola), salt, calcium sulphate AND MAY CONTAIN ANY OR ALL OF THE FOLLOWING IN VARYING PROPORTIONS: diacetyl tartaric acid esters of mono and diglycerides, vegetable mono and diglycerides, calcium propionate, sodium stearoyl-2-lactylate, corn flour, calcium phosphate, soy flour, sunflower oil, wheat starch, ammonium phosphate, calcium peroxide, wheat gluten, ethanol, sorbitol, polysorbate 20, sodium propionate, enzymes, dextrin, corn starch, wheat starch, cellulose gum, ammonium sulfate, malt, calcium carbonate, sesame seeds

Roasted Garlic Sauce: Water, vegetable oil (soybean and/or canola), frozen whole egg, vinegar, sugar, frozen yolk, modified corn starch, salt, roasted garlic (garlic, high maltose corn syrup solids), dehydrated garlic, flavour (vegetable source), xanthan gum, propylene glycol alginate, concentrated lemon juice, potassium sorbate, sodium benzoate, spices, phosphoric acid, colour (caramel, paprika), calcium disodium EDTA.

Salt: Salt.

Sesame Seed Bun: Enriched wheat flour, water, sugar and/or glucose-fructose, yeast, vegetable oil (soybean and/or canola), salt, calcium sulphate, AND MAY CONTAIN ANY OR ALL OF THE FOLLOWING IN VARYING PROPORTIONS: diacetyl tartaric acid esters of mono and diglycerides, vegetable mono and diglycerides, calcium propionate, sodium stearoyl-2-lactylate, corn flour, calcium phosphate, soy flour, sunflower oil, wheat starch, ammonium phosphate, calcium peroxide, wheat gluten, ethanol, sorbitol, polysorbate 20, sodium propionate, enzymes, dextrin, corn starch, wheat starch, cellulose gum, ammonium sulfate, malt, calcium carbonate, sesame seeds

Shredded Cheese Blend: A mixture of Cheddar and Monterey Jack cheeses: Pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzymes, colour (beta-carotene) and cellulose.

Slivered Onions: Onions.

Tartar Sauce: Vegetable oil (soybean and/or canola), relish (diced pickles, vinegar, salt, capers, xanthan gum, potassium sorbate, natural flavour (vegetable source)), frozen yolk, water, onions, vinegar, sugar, salt, spices, potassium sorbate, xanthan gum, dehydrated parsley, calcium disodium EDTA.

Three Cheese Caesar Sauce: Vegetable oil (soybean and/or canola), water, parmesan, romano and asiago cheeses, vinegar, frozen yolk, salt, sugar, spices and seasoning, concentrated lemon juice, natural flavour (vegetable source), xanthan gum, potassium sorbate, sodium benzoate, calcium disodium EDTA.

Tomato Slice: Sliced tomato.

Tortilla: Enriched bleached wheat flour (flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, vegetable shortening (interesterified soybean oil, fully hydrogenated soybean oil). Contains 2% or less of the following: sugar, salt, baking powder (sodium bicarbonate, corn starch, sodium aluminum sulfate, calcium sulfate, monocalcium phosphate), vital wheat gluten, monoglycerides, dough conditioner (sodium metabisulfite (less than 10 ppm), corn starch, microcrystalline cellulose, dicalcium phosphate).

Lunch/Dinner - Chicken McNuggets® / Sauces

Barbeque sauce: Glucose-fructose, water, white vinegar, tomato paste, salt, modified corn starch, seasonings, canola and/or soybean oil, hydrolyzed brewers and torula yeast protein, spices, xanthan gum, onion powder, potassium sorbate, sodium benzoate, garlic powder, autolyzed yeast extract, disodium inosinate and disodium guanylate, wheat flour.

Honey Sauce: Honey, glucose-fructose, natural honey flavour.

Sweet and Sour Sauce: Glucose-fructose, water, concentrated peach puree, vinegar, seasonings (contains wheat, soybeans, garlic powder, onion powder), salt, canola and/or soybean oil, modified corn starch, xanthan gum, spices, sodium benzoate, natural apricot flavour, colour.

Tangy Honey Mustard: Water, sugar, Dijon mustard (distilled vinegar, mustard seed, salt, water, white wine, spices), honey, canola and/or soybean oil, glucose solids, vinegar, modified corn starch, frozen yolk, spices and seasoning, colour (caramel, titanium dioxide), xanthan gum, salt, sodium benzoate, propylene glycol alginate.

White Meat Chicken McNuggets®: Chicken meat, water, modified corn starch, salt, chicken broth powder (chicken broth, salt and natural chicken flavouring), seasoning [(vegetable oil (soybean and/or canola), extracts of rosemary, mono, di and triglycerides (from sunflower oil) and soy lecithin)]. Breaded with: water, wheat flour, yellow corn flour, modified corn starch, salt, baking powder, spices (white and black pepper, celery seed), wheat starch, whey powder, sodium aluminum phosphate, corn starch, partially hydrogenated soybean oil (manufacturing aid). Cooked in 100% vegetable oil (Canola oil, corn oil, soybean oil, hydrogenated soybean oil with THBQ, citric acid and dimethylpolysiloxane).

Saladsplus®

Caesar Entrée Salad
Bacon Bits
Buttery Garlic Croutons
Lettuce
Romaine Lettuce
Shredded Parmesan
Cheese

Caesar Entrée Salad with Warm Crispy Chicken
Bacon Bits
Buttery Garlic Croutons
Crispy Chicken Portion
Lettuce
Romaine Lettuce
Shredded Parmesan
Cheese

Caesar Entrée Salad with Warm Grilled Chicken
Bacon Bits
Buttery Garlic Croutons
Grilled Chicken Portion
Lettuce
Romaine Lettuce
Shredded Parmesan
Cheese

Fruit 'n Yogurt Parfait
Blueberries
Granola
Strawberries
Vanilla Stirred Yogurt

Garden Entrée Salad
Lettuce
Red Onion rings
Romaine Lettuce
Tomato Slice

Garden Entrée Salad with Warm Crispy Chicken
Crispy Chicken Portion
Lettuce
Red Onion rings
Romaine Lettuce
Tomato Slice

Garden Entrée Salad with Warm Grilled Chicken
Grilled Chicken Portion
Lettuce
Red Onion rings
Romaine Lettuce
Tomato Slice

One Chicken Fajita
Chicken Breast Strips
Diced Tomato
Green Peppers
Onions (sliced)
Shredded Cheese Blend
Tortilla

Side Garden Salad
Lettuce
Red Onion rings
Romaine Lettuce
Tomato Slice

Bacon Bits: Pork, water, salt, sugar, natural hickory smoke flavouring, sodium phosphate, sodium erythorbate, sodium nitrite, smoke.

Blueberries: Blueberries.

Buttery Garlic Croutons: Enriched wheat flour, (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), corn oil, salt, sugar, yeast, canola oil, whey, maltodextrin, garlic powder, parsley, natural flavour.

Chicken Breast Strips: Sliced chicken breast, water, tapioca starch, salt, sugar, sodium phosphate, dextrose, xylose, sucrose, maltodextrin, white wine extract, flavouring (contains milk protein, lactose and wheat gluten), malt vinegar, celery powder, citric acid.

Crispy Chicken Portion: Skinless chicken breast, water, spices (salt, modified rice starch, spice, carrageenan, silicon dioxide), sodium phosphates. Coated with: wheat flour, water, wheat crumbs (contains soybean oil), modified corn starch, salt, spice, wheat gluten, soybean oil, baking powder. Cooked in 100% vegetable oil (Canola oil, corn oil, soybean oil, hydrogenated soybean oil with THBQ, citric acid and dimethylpolysiloxane).

Diced Tomato: Diced tomato.

Granola: Whole grain rolled oats, brown sugar, crisp rice (rice flour, rice bran, salt, and malt), dried high maltose corn syrup, honey, sunflower oil, salt, baking soda, apple puree concentrate, sodium aluminum phosphate, cinnamon, soy lecithin, crushed oranges, natural flavour (vegetable source).

Green Peppers: Slivered green peppers.

Grilled Chicken Portion: Chicken meat, water, seasoning (salt, sugar, rice starch, hydrolyzed corn protein, spices, flavour {autolyzed yeast extract, salt, disodium inosinate and disodium guanylate}, dextrose, garlic powder, carrageenan, autolyzed yeast extract, chicken fat, dehydrated cooked chicken powder, silicon dioxide, caramel, onion powder, corn maltodextrin), modified rice starch, sodium phosphates. Cooked on a grill lightly seasoned with trans fat free cooking spray (Canola oil, water, salt, hydrogenated cottonseed oil, soy lecithin, monoglycerides, potassium sorbate, artificial flavour and colour (annatto, turmeric), citric acid, vitamin A, vitamin D3)

Lettuce: Shredded Iceberg lettuce.

NEWMAN'S OWN® Ceaser Dressing: Water, soybean oil, vinegar, blend of parmesan, romano, and granular cheeses (part skim milk, bacterial cultures, salt, enzymes, whey, lactic acid, citric acid), fructose, egg yolks, corn starch, salt, dehydrated anchovy (dextrin, anchovy extract, salt), olive oil, spices, lactic acid, worcestershire sauce [distilled vinegar, molasses, glucose, water, salt, caramel colour, garlic powder, sugar, spices, tamarind, natural flavour (fruit source)], xanthan gum, dehydrated garlic, dehydrated onion. Contains sulphites.

NEWMAN'S OWN® Low Fat Family Recipe Italian Dressing: Water, corn syrup solids, distilled vinegar, Romano cheese (part skim milk, cheese cultures, salt, enzymes), soybean oil, salt, sugar, dehydrated onion, anchovies, dehydrated garlic, spices, xanthan gum, paprika, barley malt extract (contains barley gluten), citric acid, hydrolyzed soy protein, worcestershire sauce {distilled vinegar, molasses, corn syrup, water, salt, caramel colour, garlic powder, sugar, spices, tamarind, natural flavour(vegetable source)}.

NEWMAN'S OWN® Low Fat Sesame Thai Dressing: Soy sauce (water, wheat, soybeans, salt), glucose-fructose, water, rice vinegar, vinegar, soybean oil, corn starch, sesame oil, xanthan gum, dehydrated garlic, spices, caramel colour, sesame seeds, lemon juice concentrate, dehydrated onion.

NEWMAN'S OWN® Ranch Dressing: Water, soybean oil, glucose-fructose, dehydrated buttermilk, vinegar, egg yolks, salt, sugar, corn starch, chives, dehydrated garlic, dehydrated onion, natural flavours (dairy source), lactic acid, parsley, xanthan gum, lemon juice concentrate.

Onions (slivered): Slivered onions.

Red Onion rings: Red onion

Romaine Lettuce: Romaine lettuce.

Shredded Cheese Blend: A mixture of Cheddar and Monterey Jack cheeses: Pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzymes, colour (beta-carotene) and cellulose.

Shredded Parmesan Cheese: Pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, lipase, cellulose.

Strawberries: Strawberries.

Tomato Slice: Sliced tomato.

Tortilla: Enriched bleached wheat flour (flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, vegetable shortening (interesterified soybean oil, fully hydrogenated soybean oil). Contains 2% or less of the following: sugar, salt, baking powder (sodium bicarbonate, corn starch, sodium aluminum sulfate, calcium sulfate, monocalcium phosphate), vital wheat gluten, monoglycerides, dough conditioner (sodium metabisulfite (less than 10 ppm), corn starch, microcrystalline cellulose, dicalcium phosphate).

Vanilla Stirred Yogurt: Milk ingredients, sugar, modified milk ingredients, fructose, modified corn starch, artificial flavour, gelatin, active bacterial cultures.

Lunch/Dinner - Sides

French Fries - Medium

French Fries

Salt

French Fries: Potatoes, canola oil, hydrogenated soybean oil, safflower oil, natural flavour (vegetable source), dextrose, sodium acid pyrophosphate (maintain colour), citric acid (preservative), dimethylpolysiloxane (antifoaming agent) and cooked in vegetable oil (Canola oil, corn oil, soybean oil, hydrogenated soybean oil with THBQ, citric acid and dimethylpolysiloxane).

Salt: Salt.

Desserts/Snacks

Baked Apple Pie: Pastry: Enriched wheat flour, vegetable oil shortening (palm and canola and modified palm oils, soy lecithin, artificial butter flavour, citric acid, natural colour (beta carotene)), water, sugar, salt, yeast, L-cysteine hydrochloride. Apple Filling: Apples (contains erythorbic acid, citric acid, salt), glucose-fructose, water, sugar, modified corn starch, sorbitol, dextrose, sodium alginate, sodium citrate, spices, salt, dicalcium phosphate, citric acid, natural (korinji cinnamon) and artificial flavour. Topping: Sugar, spices (Sou-chow cinnamon) (contain soybean oil).

Baked Blueberry Pie: Filling: blueberries, water, glucose-fructose, sugar, dextrose, modified corn starch, artificial blueberry flavour (contains ethyl alcohol), sorbitol, lemon juice concentrate, sodium alginate, sodium citrate, salt, dicalcium phosphate, citric acid. Pastry: enriched wheat flour, vegetable oil shortening [palm and canola and modified palm oils, soy lecithin, artificial butter flavour, citric acid, natural colour (beta carotene)], water, sugar, yeast, salt, L-cysteine hydrochloride. Topping: sugar, caramel (contains soybean oil).

Chocolate Melts®: Enriched flour (bleached wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), milk chocolate [sugar, cocoa butter, chocolate liquor, milk powder, butter oil, soy lecithin (emulsifier), artificial flavor (vanillin), natural flavor (plant source), salt], water, sugar, brown sugar, margarine [soybean oil, palm oil, water, salt, partially hydrogenated soybean oil, mono and diglycerides, whey, soy lecithin, sodium benzoate (preservative), lactic acid (protect flavor), artificial flavor, beta carotene (color), vitamin A palmitate], cocoa (processed with alkali), shortening (palm oil, soybean oil, mono- and diglycerides, soy lecithin), contains 2% or less of the following: eggs, yeast, nonfat dry milk, sweetened condensed milk, vegetable oil (palm oil, canola oil, soybean oil), high fructose corn syrup, wheat gluten, corn syrup, salt, natural (botanical source) and artificial flavor, caramel color, mono- and diglycerides, polysorbate 60, citric acid, potassium sorbate (preservative), soy lecithin, titanium dioxide (color), agar, cellulose gum, maltodextrin, xanthan gum.

Cinnammon Melts®: Enriched flour (bleached wheat flour, wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, sugar, margarine [palm oil, soybean oil, water, salt, whey, partially hydrogenated soybean oil, mono- and diglycerides, soy lecithin, sodium benzoate (preservative), lactic acid (protect flavor), artificial flavor, beta carotene (color), vitamin A palmitate], brown sugar, shortening (palm oil, soybean oil, mono- and diglycerides, soy lecithin), eggs, cream cheese powder [a dehydrated blend of cream cheese (pasteurized milk and cream, cheese cultures, salt, carob bean gum), nonfat dry milk, disodium phosphate, natural flavor (vegetable source)], cinnamon, nonfat dry milk, yeast, contains 2% or less of the following: salt, soybean oil, natural (plant and dairy source) and artificial flavors, distilled monoglycerides, mono- and diglycerides, sodium alginate, sodium stearoyl lactylate, polysorbate 60, titanium dioxide (color), potassium sorbate (preservative), enzymes, pectin, soy lecithin.

Hot Caramel Topping: Sugar/glucose-fructose, sweetened condensed milk (milk ingredients, sugar), butter, pectin, disodium phosphate, salt, artificial vanilla flavour.

Hot Fudge Topping: Sugar, water, milk ingredients, partially hydrogenated palm kernel oil, cocoa, corn dextrin, disodium phosphate, salt, sodium propionate, artificial vanilla flavour, potassium sorbate, soy lecithin.

Kit Kat® Chopped: Milk chocolate (sugar, modified milk ingredients, cocoa butter, unsweetened chocolate, lactose, soya lecithin, polyglycerol polyricinoleate, artificial flavour), wheat flour, sugar, modified palm oil, unsweetened chocolate, sodium bicarbonate, soya lecithin, yeast, artificial flavour.

Kit Kat® Syrup: Sugar, water, cocoa, modified corn starch, maltodextrin, flavour (vegan) and artificial flavour, salt, citric acid, potassium sorbate, xanthan gum.

Large Cone: Enriched wheat flour, tapioca flour, sugar, vegetable oil shortening (hydrogenated soybean oil, hydrogenated canola and/or corn oil), leavening (sodium bicarbonate, ammonium bicarbonate), salt, natural flavor, natural colour (annatto).

Milk Chocolate Morsels: Milk chocolate (sugar, modified milk ingredients, cocoa butter, unsweetened chocolate, lactose, soya lecithin, polyglycerol polyricinoleate, artificial flavor).

Muffin Blueberry: Wheat flour, sugar, water, blueberries, canola oil, egg white, modified milk ingredients, sodium aluminum phosphate, sodium bicarbonate, emulsifier blend (propylene glycol mono fatty acid esters, monoglycerides (soy), sodium stearoyl-2-lactylate), salt, artificial flavour, batter thickener (carrageenan, guar gum, soy lecithin), modified corn starch, sodium carboxymethyl cellulose.

Muffin Carrot: Wheat flour, carrots, sugar, canola oil, egg white, invert sugar, baking powder, cinnamon, sodium bicarbonate, batter thickener (carrageenan, guar gum, soy lecithin), salt, emulsifier blend (propylene glycol mono fatty acid esters, monoglycerides (soy), sodium stearoyl-2-lactylate), modified corn starch, modified milk ingredients.

Muffin Cranberry Orange: Wheat flour, sugar, cranberries, water, egg white, canola oil, invert sugar, yogurt (skim milk, skim milk powder, modified corn starch, pectin, carrageenan, active bacterial culture), buttermilk (skimmed milk, bacterial culture, salt), oranges, orange juice concentrate, baking powder, emulsifier blend (propylene glycol mono fatty acid esters, monoglycerides (soy), sodium stearoyl-2-lactylate), sodium bicarbonate, salt, batter thickener (carrageenan, guar gum, soy lecithin), natural and artificial flavour, sodium caroxymethyl cellulose, colour, citric acid.

Muffin Double Chocolate: Wheat flour, sugar, water, invert sugar, canola oil, egg white, chocolate chunks (sugar, chocolate liquor, cocoa butter, soy lecithin, vanillin, salt), buttermilk (skimmed milk, bacterial culture, salt), cocoa, baking powder, sodium bicarbonate, artificial flavour, salt, modified corn starch, batter thickener (carrageenan, guar gum, soy lecithin), emulsifier blend (propylene glycol mono fatty acid esters, monoglycerides [soy], sodium stearoyl-2-lactylate), sodium carboxymethyl cellulose.

Muffin Fruit & Fibre: Wheat flour, sugar, canola oil, bananas, egg white, buttermilk (skimmed milk, bacterial culture, salt), water, wheat bran, cranberries, blueberries, dehydrated apples, sodium bicarbonate, baking powder, emulsifier blend (propylene glycol mono fatty acid esters, monoglycerides (soy), sodium stearoyl-2-lactylate), batter thickener (carrageenan, guar gum, soy lecithin), salt, artificial flavour, sodium carboxymethyl cellulose.

Muffin Golden Bran & Raisin: Sugar, wheat flour, water, wheat bran, yogurt (skim milk, skim milk powder, modified corn starch, pectin, carrageenan, active bacterial culture), canola oil, egg white, buttermilk (skimmed milk, bacterial culture, salt), raisins, sodium bicarbonate, baking power, emulsifier blend (propylene glycol mono fatty acid esters, monoglycerides (soy), sodium stearoyl-2-lactylate), batter thickener (carrageenan, guar gum, soy lecithin), artificial flavour, salt.

Oreo® Mix-in: Sugar, enriched flour, vegetable oil (coconut, modified palm), cocoa, corn starch, glucose, salt, soy lecithin, sodium bicarbonate, artificial vanilla flavour.

'Original Recipe' McDonaldland® Cookies: Enriched wheat flour, sugar/glucose-fructose, vegetable oil shortening (hydrogenated soybean and/or cottonseed oil with TBHQ and citric acid), salt, baking powder, soy lecithin, ammonium bicarbonate, natural flavour (vegetable source). May contain traces of peanut and tree nuts.

Rolo® Syrup: Sugar, water, cocoa, modified corn starch, maltodextrin, flavour (vegan) and artificial flavour, salt, citric acid, potassium sorbate, xanthan gum.

Smarties® Mix-in: Milk chocolate (sugar, milk ingredients, cocoa butter, unsweetened chocolate, soy lecithin, artificial flavour), sugar, wheat flour, modified corn starch, carnauba, colour (FD&C Red #3, Red #40, Blue #1, Blue #2, Yellow #5, Yellow #6).

Strawberry Topping: Sugar/glucose-fructose, strawberries, water, citric acid, pectin, natural (vegetable source) and artificial strawberry flavour, locust bean gum, potassium sorbate, colour (FD&C Red #40), calcium chloride.

Vanilla Birthday Cake: Cake: Wheat flour, sugar, water, vegetable oil (canola and sunflower oil), dried egg white (may contain sodium lauryl sulfate and/or bakers' yeast), modified corn starch, dextrose, baking powder, propylene glycol monoesters, dried egg yolk, salt, sodium aluminum phosphate, skim milk powder, sorbitan monostearate, vegetable mono and diglycerides, hydroxypropylmethylcellulose, cellulose gum, polysorbate 60, xanthan gum, hydroxylated soy lecithin, sodium stearoyl lactylate, propylene glycol, artificial flavour. Icing: Icing sugar, invert sugar, vegetable shortening (modified palm oil, canola oil, palm kernel oil, vegetable mono and diglycerides, polysorbate 60, BHA, BHT, citric acid), shortening (water, vegetable mono and diglycerides, modified corn starch, diacetyl tartaric acid esters of mono and diglycerides (vegetable source), citric acid, potassium sorbate, sodium stearoyl lactylate and xanthan gum), white fondant (sugar, water, glucose), milk powder, artificial vanilla flavour (water, propylene glycol, artificial flavour, citric acid, sodium benzoate). Image: Tapioca starch, corn syrup solids, microcrystalline cellulose, sugar, water, canola oil, glycerine, polyglycerol esters, modified corn starch, algin, citric acid, potassium sorbate, coconut oil, titanium dioxide, soy lecithin, locust bean gum, artificial colors (FD& C Blue #1 Lake, Red #40 Lake, Red #3, Turmeric, Yellow #6 Lake).

Vanilla Ice Milk: Modified milk ingredients, sugar, glucose, soy mono and diglycerides, guar gum, dextrose, artificial vanilla flavour, carrageenan, cellulose gum.

Beverages

1% Partly Skimmed Milk: Partly skimmed milk, vitamin A palmitate, vitamin D3.

18% Cream: Cream, milk, sodium citrate AND MAY CONTAIN ANY OR ALL OF THE FOLLOWING IN VARYING PROPORTIONS: disodium phosphate, carrageenan, carob gum.

Apple Juice: Pure apple juice, ascorbic acid (vitamin C).

Barq's® Root Beer: Carbonated water, sugar/glucose-fructose, caramel colour, sodium benzoate, natural (vegetable source) and artificial flavours, citric acid, caffeine.

Brewed Coffee: Water, 100% roasted arabica coffee.

Coca-Cola®: Carbonated water, sugar/glucose-fructose, caramel colour, phosphoric acid, natural flavours (vegetable source), caffeine.

Dairy Mix: Modified milk ingredients, sugar, glucose, soy mono and diglycerides, guar gum, dextrose, artificial vanilla flavour, carrageenan, cellulose gum.

Diet Coke®: Carbonated water, caramel colour, phosphoric and citric acid, aspartame (contains phenylalanine), natural flavours (vegetable source), sodium benzoate, acesulfame-potassium, caffeine, dimethylpolysiloxane.

Fruitopia® Strawberry Passion Awareness®: Water, sugar/glucose-fructose, fruit juices from concentrate (apple, pear, strawberry, and passionfruit), citric acid, natural flavour (vegetable source), ascorbic acid, sodium benzoate, potassium citrate, potassium sorbate, colour, coconut oil.

Hazelnut Coffee Syrup: Sugar, fructose, water, natural (vegetable source) & artificial flavour, potassium sorbate (preservative), citric acid, caramel colour (sulfites), malic acid.

Hot Chocolate: Sugar, water, shortening (palm oil, canola oil, modified palm oil), milk ingredients, cocoa, salt, sodium phosphate, soy lecithin, chocolate liquor, artificial flavour (vanilla), dextrose, carrageenan, soy mono and diglycerides, cellulose gum, polysorbate 80.

Liquid Sugar: Sugar, water, potassium sorbate (preservative), citric acid

Nestea Iced Tea: Water, sugar/glucose-fructose, citric acid, concentrated tea from tea leaves, potassium citrate, sodium benzoate, natural lemon flavour.

Orange Juice: Pure orange juice from concentrate.

Sprite®: Carbonated water, sugar/glucose-fructose, citric acid, sodium citrate, natural flavours (vegetable source), sodium benzoate.

Triple Thick Milkshake® Chocolate Syrup: Glucose-fructose, water, dutch processed cocoa, natural (vegetable source) and artificial flavour, salt, potassium sorbate. MAY CONTAIN SMALL AMOUNTS OF OTHER SHAKE FLAVOURS.

Triple Thick Milkshake® Strawberry Syrup: Sugar/glucose-fructose, strawberries, water, natural (vegetable source) and artificial flavour, pectin, citric acid, potassium sorbate, xanthan gum, colour (caramel and Red #40), calcium chloride. MAY CONTAIN SMALL AMOUNTS OF OTHER SHAKE FLAVOURS.

Triple Thick Milkshake® Vanilla Syrup: Glucose syrup, water, natural flavour (vanilla extract), colour (caramel, beta-carotene), citric acid, potassium sorbate, soybean oil. MAY CONTAIN SMALL AMOUNTS OF OTHER SHAKE FLAVOURS.

Vanilla Coffee Syrup: Sugar, fructose, water, natural (vegetable source) & artificial flavour, caramel colour (sulfites), potassium sorbate (preservative), citric acid, malic acid

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